

Packing List

- Your Passport
- A few photo copies of your passport
- Credit Card and Debit Card (call your bank before you leave to tell them about being abroad)
- Unlocked cellphone
- Laptop or tablet (at your own risk)
- Neck pouch or money belt
- CISI Insurance Card
- Iona College student ID
- Electricity travel adapter
- Comfortable walking shoes (preferably leather)
- Emergency numbers
- Rain Jacket
- Umbrella
- Sweaters or sweatshirts
- Long sleeved light shirts
- Short sleeved shirts
- Semi-Dressy outfit for special events
- Comfortable walking shoes
- Extra contact lenses or eye glasses
- Warm socks
- Flip flops or sandals
- Pajamas
- Jeans and/or casual long pants
- Maxi dresses (with shawl or sweater to cover shoulders)
- Medication (in original bottles – do not pack loose pills)
- Flash drive

Generic Packing Tips:

For the airlines that you will be flying, you will only be allowed one carry on (duffle bag or rolling suitcase), one personal item (like a purse or laptop bag), and one checked suitcase. Please remember that your suitcase can weigh no more than fifty pounds.

- A word of advice: Considering you may want to purchase items while you are abroad, pack less than fifty pounds, we recommend around 35 pounds. Overweight baggage fees can be as high as 100 Euros.
- Check the Airline Baggage Rules: You will be flying Delta for two of your flights, please use this website to review their policy.
http://www.delta.com/content/www/en_US/traveling-with-us/baggage/before-your-trip/checked.html#guidelines